



Knowledge for Creating
and Sustaining
the Built Environment



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Portland Chapter - The Construction Specifications Institute

C.S.I. Portland Chapter
Phone: (503) 805-2500
Fax: (503) 214-8142
P.O. Box 5116
Salem OR 97304

E-Mail:
jane@portlandcsi.org

Web site Portland Chapter:
www.portlandcsi.org

Web site Institute:
www.csinet.org

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**It's all happening at the Zoo
Tuesday, February 10, 2009**



Oregon Zoo Bond Measure funds future projects - What does that mean? What projects are they? What sort of products do they use with animals? What are the Zoo's sustainable practices and how will that affect the new construction?

The Oregon Zoo is a wonderful place to take family and friends to see the animals (especially the baby elephant). In November 2008 voters passed a bond measure for the Oregon Zoo. Zoo Director Tony Vecchio will talk about the future at the Zoo and our friends there.

Some of the projects of the Bond vote are:

- - Enlarge Elephant Habitat
- - Penguinarium and Hippo Filtration System
- - Condor Exhibit Enhancement
- - Enhance Habitat for Apes and Monkeys
- - Increase Polar Bear Habitat

Tuesday February 10th, 2009
Governor Hotel Princeton Ballroom (614 SW 11th Ave)
\$40.00 per Person CSI Members
\$50.00 non members and walk ins
RSVP ends February 6th at Noon
5:30 PM Meet your colleagues – 6:30 PM Dinner (Catered by Jake's)
Register at www.portlandcsi.org
Questions: Jane Phifer 503-805-2500 (csi@portlandcsi.org)

PRESIDENT'S MESSAGE

By: Russ Pitkin, CSI, AIA



I'm sure that all who attended our January Meeting and heard John Mitchell's talk on the economy came away with a better understanding of our current economic situation, and some insights about the future. Since this is a new year and one that brings our great country a new president, with his new economic recovery package, perhaps he will succeed in bringing us out of this economic mire. Conditions certainly require people to be budget conscious until consumer confidence, one of the keys to economic recovery, is restored.

A new year means a new start for many people. Especially when there are many in the professional ranks that are now looking for a job and those that do have a job are scrambling to find and secure work. The Institute is starting a membership drive and wants the CSI Leadership to share some information with you on how CSI can help. colleagues or friends who are looking for a job or perhaps a new career, and help CSI at the same time. The deadline is February 28, 2009 and please note that this offer is for new memberships only. It does not apply to renewals. So the following is from the Institute:

Change your career this year through CSI!

Whether you want to advance in your current field, or you're considering switching fields, CSI will help you develop the skills and network you need to succeed for only \$691—a savings of \$349*!

Change your career in a year now! Go to <http://www.csinet.org/> for details on how you can take advantage of this offer! Through this limited time offer you'll save \$349* and receive:

- **Registration for the Construction Documents Technology (CDT) certificate exam:** The letters "CDT" on your resume signify that you have a thorough understanding of construction documentation – a valuable skill for anyone who writes, interprets, enforces, or manages construction documents. Architects, contractors, contract administrators, material suppliers, and manufacturers' representatives are among the professionals who benefit from both the knowledge the CDT program imparts, and the recognition it brings. \$235 Early Bird Rate
- **A copy of the Project Resource Manual (PRM):** The PRM is the foundation of the CDT program and the authoritative resource for the organization, preparation, use, and interpretation of construction documents. It encompasses the entire life cycle of a facility from conception through facility management – and explains how you should deal with construction documentation every step of the way. \$236
- **Membership in CSI:** CSI members are a resource for any construction professional. Advance your career with networking opportunities at the local and national levels, and increase your technical knowledge through education programs and the opportunity to talk to other experts in your area. \$220
- **CSI Webinar – Writing Effective LEED Specifications:** Attend this webinar FREE on March 10, 2-3:30 pm ET, and learn specific and immediately applicable tools for writing effective LEED specifications -- skills rarely presented in any kind of a straightforward, practical format to our industry. This 90-minute interactive education session provides you with convenient, quality learning – you'll be able to see materials, hear an instructor and ask questions in real time, expanding your knowledge. FREE!

Get started on changing your career! Go to csi@csinet.org for details on how you can take advantage of this offer!

**Save up to \$349 by receiving the early bird member rate on the CDT, the member rate on the PRM, and the Writing Effective LEED Specifications webinar for free if you respond by February 28, 2009. Offer is good for new memberships only – offer not applicable for renewals and does not include chapter membership.*

While this promotion does not include chapter membership, chapters are encouraged to have their prospective members contact CSI Member Services at 800-689-2900 or by email at csi@csinet.org to add chapter membership! Share this opportunity with the prospective members in your chapter and have them join CSI!

Our Membership Committee has been very active in trying to maintain our current members as many of you may well know having received a phone call from one of the committee members asking if you have received your membership renewal and reminding you to renew when you do receive it. The committee has been doing its part to keep our chapter membership up at a constant level, however we do lose members for various reasons. Fortunately we have had new members join to keep us at or near our level of members for several years now.

It would be great if we could increase our membership by another 10 people this year and meet the Institute's goal for our chapter's membership. I believe many of you know of others who could or should join CSI. Give them some help to join CSI now so they can take advantage of this great special offer and improve their abilities and credibility in the construction industry.

PERKY'S NOTES

By: Perky Kilbourn, CSI



Note #1

Perky gets a newsletter called "News from NHOPA (National Home Oxygen Patients Association)"

The September issue concluded with 13 Reasons to Smile. Most were sort of dumb but I thought the following were worth repeating.

How come we choose from just two people to run for president and 50 for Miss America?

Don't argue with an idiot; people watching may not be able to tell the difference.

Wouldn't it be nice if whenever we messed up our life we could simply press 'Ctrl Alt Delete' and start all over? AMEN, AMEN!!

Why do I have to swear on a Bible in Court when the Ten Commandments cannot be displayed in a federal building?

Bumper sticker of the year: "If you can read this, thank a teacher –and, since it's in English, thank a soldier!!"

Note #2

Comments on "The Body Toxic" by Nena Baker. The book started by chapters on "Coming clean" or "Buyer beware." It seems that for more than three decades, the chemical industry, without the majority of our elected leaders complaining, has kept the public in the dark about the toxicity of everyday substances. The chemical industry has successfully resisted policy efforts that would better protect the public. The author thought it's high time for chemical makers and Congress to clean up their act.

The author reported that the chemical industry has been accustomed to writing its own rules. The Food, Drug and Cosmetic Act was passed in 1938 and did not include requirements for the chemical industry to provide basic toxicity information. Requiring basic toxicity information as a condition of market access may seem radical to the chemical industry but to the rest of us, it seems like just common sense. Read this book if you want a good discussion of hazardous chemicals which are currently in our environment.

Note #3

"Creating a World that Works for All" by Sharif Abdullah tells three stories of History.

- The Original Story - The Keepers - keep to the ways that work. Fix it only if it is broken.
- The Dominant Story - The Breakers - The Earth and everything in it were created for Man; we have the right and the responsibility to place all of it under our control. These are the original entrepreneurs. Most of their activities have made life easier.
- The Emerging Story - The Menders - our goal is to live as a consciously integral part of a living, conscious, and sacred planet, to catalyze a new era, the Mender era. Restore balance between Earth and humanity. In Perky's opinion this is another way of saying "sustainability" and it should be the next direction.

Make the commitment

The Mender Pledge

I believe in inclusivity
I know that we are One
I want everyone to win
I want acceptance,
I want no harm
I want forgiveness
I want to be free
I want peace
I want love

(Continued on page 4)

RECAP OF JANUARY CHAPTER MEETING

PERKY'S NOTES (CONTINUED FROM PAGE 3)

By: Perky Kilbourn, CSI

Tuesday, February 13, 2009, Portland Chapter CSI heard John Mitchell give his 2009 Economic Forecast which he entitled *Stay Buckled Up*.

A handout was provided, which contained copies of his slides. He talked about each of his thirty-one slides as he walked around the room. His final two slides do an excellent job of summarizing his thoughts.

First the "Cost Cutters" are going to return.

Next there may need to be some Entrepreneurial Activity (new businesses?) as unemployed people try to figure out ways to become gainfully employed.

Resources will be reallocated, which he felt might be painful. He identified this a "Barbara Streisand Moment" or the end of "The way we were" or the fact that energy, finance and policy are all changing and in the future, things will be done differently.

The Construction Industry will find that Lending Standards will remain tight. Banks and Mortgage Institutions will remember what they did wrong and try not to make the same mistakes. Hopefully the Regulators will do the job they were supposed to do and didn't.

The recovery may start in 2009 but will take into 2010. There needs to be an improvement in Business Confidence. People will be worried about the Long Term Implications of a 2 trillion dollar deficit.

His up-beat closing was that all the other down cycles have ended so this one should end also.

Note #4

Some of you know that in September, 2008, Perky went to Willamette University to celebrate her 50th Reunion. The main reason Perky went to the reunion was because Perky was active in getting Suzy Platt (one of Perky's sorority sister's) nominated as a Distinguished Alumni. Suzy received the Distinguished Alumni Award at this reunion. What Suzy did to receive the Distinguished Alumni Award was edited a book "Respectfully Quoted - A Dictionary of Quotations - The essential reference guide for writers and speechmakers" Perky now has a copy of the book. It is composed of an Introduction, List of Subjects, 395 pages of Quotations and Information about the 2100 Quotations, Author Index plus Keyword and Subject Index. Besides graduating from Willamette U with a degree in English, Suzy has her Master of Library Science Degree from the Uniiversity of California at Berkeley. For 36 years, Suzy was employed in the division of reference librarians in the Congressional Research Service. Quoting from the information Suzy supplied for our class members: ". . .my division went through at least three reorganizations, four changes of name, eight division chiefs, and the kind of work we were able to do increased tremendously in difficulty. My job stayed much the same, although it also increased in difficulty. . . "

METRO TO BOOST REGIONAL SUSTAINABILITY WITH NEW WASTE REQUIREMENTS

Contact: Shareefah Abdullah at 503-797-1599 or Karen Kane at 503-797-1942

On Jan. 1, 2009, Metro will launch key changes in the processing and disposal of mixed dry waste - primarily construction and demolition debris - generated in the Portland metropolitan area. Developed in 2007 in consultation with local governments, the solid waste industry and other stakeholders, the Enhanced Dry Waste Recovery Program (EDWRP) is aimed to further increase the amount of recyclable materials recovered in the region.

EDWRP requires that all mixed dry waste generated in the Metro region be delivered to a material recovery facility, ensuring that critical recyclable materials such as wood, cardboard and metal are first removed from mixed loads before disposal. This required step in waste processing is projected to raise the region's waste recovery rate by 1.25 percent, surpassing the current 55.3 percent recovery rate for Multnomah, Clackamas and Washington counties. The State of Oregon has set a regional recovery goal for 2009 of 64 percent.

For waste haulers, generators and construction groups operating within the Portland metropolitan area, EDWRP brings changes in disposal options on construction and demolition debris:

Metro's two transfer stations and the eight authorized in-region material recovery facilities will continue to accept dry waste after Dec. 31, 2008. However, unprocessed dry waste can no longer go directly to a landfill regardless of location.

Privately owned Hillsboro Landfill, located outside the Metro region, is building a new material recovery facility and will continue to accept dry waste for processing under a temporary material recovery plan that complies with EDWRP.

Privately owned Lakeside Reclamation Landfill, also outside the region, is not authorized to accept dry waste from the Metro region after Dec. 31, 2008. As of Jan. 1, 2009, customers currently taking dry waste to Lakeside Landfill must instead select a material recovery facility for their unprocessed waste.

Metro Recycling Information can answer questions regarding the new requirements, help contractors recycle more of their job-site debris and help callers find the closest material recovery facility. Call the hotline at 503-234-3000 – open 8:30 a.m. to 5 p.m. Monday through Saturday – or visit www.oregonmetro.gov/toolkit.

Metro regulates solid waste and recycling in Multnomah, Washington and Clackamas counties. The agency's solid waste planning and recycling efforts are guided by its Regional Solid Waste Management Plan. As the regional government serving 1.4 million people of the Portland metropolitan area's 25 cities and three counties, Metro provides planning and other services that protect the nature and livability of our region.

THE CONTACTS

PORTLAND OFFICERS & DIRECTORS

President

Russ Pitkin, CSI, AIA.....503-952-1563
Ankrom Moisan Associated Architects

President Elect

Kaye Kloster, CSI.....503-227-3424
Ford Graphics

Immediate Past President

Doug Allen, CSI, CDT360-921-5583
ASSA ABLOY Door Security Solutions Pacific NW

Secretary

Erica Bitterman-Ryon, CSI.....360-567-2910
Precision Images

Treasurer

Fred Herbold, CSI, CCS..... 971-998-1459
Mulvanny G2

Executive Director

Jane Phifer, CSI.....503-805-2500
CSI Office - P.O. Box 5116, Salem, OR 97304

Director, Professional (2008/2010)

Corey Morris, CSI,503-224-4848
Clark/Kjos

Director, Professional (2007/2009)

Skip Brown, CSI, CCS, AIA.....503-345-4546
Harris Group Inc.

Director, Industry (2007/2009)

Bud Henson, CSI,360-600-0804
Window Tech

Director, Industry (2008/2010)

Christine Irwin, CSI, CDT.....503-635-6227
Weller Associates

Director, Professional (2008/2010)

Michael Madias, CSI, CCS..... 503-224-6767
DiBenedetto/Thomson/Livingstone

Director, Industry (2007/2009)

Steven Gray, CSI, CDT503-233-6016
Rodda Paint

COMMITTEE LEADERS

Awards

Christine Irwin, CSI, CDT..... 503-635-6227

Certification

Michael Madias, CSI, CCS..... 503-224-6767

Editor

Jane Phifer, CSI.....503-805-2500

Education

Steven Gray, CSI, CDT.....503-233-6016

Continuing Education

Skip Brown, CSI, CCS, AIA.....503-345-4546

Golf Tournament

Erica Bitterman- Ryon, CSI..... 360-567-2910

Library

Perky Kilbourn, PhD, CSI.....503-244-1778

Membership - Co-Chairs

Lee Kilbourn, FCSI, CCS, FAIA.....503-417-4400
Pat Murphy, CSI, CDT.....503-240-3955

Orientation

Jane Phifer, CSI503-805-2500

Programs

Kaye Kloster, CSI503-227-3424

Publicity

Jane Phifer, CSI.....503-805-2500

Specifiers Share Group & Technical

Fred Herbold, CSI, CCS.....971-998-1459
Co-chair vacant

Student Affiliate

Rudy Barton.....503-725-3339

Webmaster

Corey Morris, CSI503-224-4848

Portland Website
www.portlandcsi.org

INSTITUTE DIRECTORS

2007-2009

Loren Berry, CSI, CDT, AIA

Berry Architects, PC
Ph: 541-485-3402 Fax: 541-485-3402
Email: lberry@berryarch.com
460 E 2nd Ave.
Eugene, OR 97401

2007-2010

Bob Simmons, BS, CSI, CCPR

RW Simmons & Associates
Ph: 253-946-2436
arobertwsimmons@cs.com
1315 S. 289th Place
Federal Way, WA 98003

Region Website
www.csinwr.org

REGION COMMITTEES

Academic Liaison

Kit Burns, CSI, CCS, CCCA.....253-627-5599

Awards

Thomas Carberry, CSI, CDT.....907-227-1598

Certification

John Jeffcott, CSI, CDT, AIA.....206-890-4189

Education

Steve Gunn, CSI, CDT541-686-2031

Electronic Communications

Rand New, CSI, CDT.....541-688-5594

Membership

Jan O'Brien, CSI406-245-6363

Planning

Jerry Litwin, CSI,253-584-5207

Publications

vacant

Technical

vacant

Treasurer & Secretary

Marc Chavez, RA, CSI, CCS206-521-3492

NORTHWEST REGION CHAPTER MEETINGS

Cook Inlet, Anchorage, AK (Third Tuesday)

Mark Hughes, CSI.....907-267-5163

Puget Sound, Seattle, WA (Second Thursday)

Andrew Estep, CSI.....206-382-3393

Mt. Rainier, Tacoma, WA (First Thursday)

Bob Kenworthy, FCSI, CCS, CCCA..253-931-4904
Dennis Kabba, CSI, CDT 253-627-5599

Spokane, WA (Second Thursday)

Thomas Gerard, PE, CSI, LEED-AP. 509- 328-2771

Portland, OR (Second Tuesday)

Jane Phifer, CSI.....503-805-2500

Capital, Salem, OR (Third Thursday)

Chris Veit, CSI, CCS.....503-390-0291

Willamette Valley, Eugene, OR (Last Thursday)

Melanie Wittkop-Fort, CSI541-485-0922

Idaho, Boise, ID (First Tuesday)

Karen Morris, CSI208-343-3620

Big Sky, MT

Jan O'Brien, CSI.....406-245-6363